

Lawyers Concerned for Lawyers Outreach & Activity Report July 2023

July is always a good month for planning for the academic and bar years. LCL continues to have in-person, hybrid and virtual presentation opportunities as bar associations and other organizations settle into practices that are likely to continue into the future.

1. Education & Outreach

- LCL CLEs and Major Presentations
 - *Avoiding Burnout: What Fuels Your Fire?* and *Suicide Awareness and Prevention*, LCL's monthly In-House CLEs
 - *Mental Health, Well-Being and Implicit Bias in a Post-COVID Environment*, Minnesota and St. Paul Foundation
 - *Mental Health, Addiction and Transition Issues in Older Adults*, Minnesota CLE Probate and Trust Institute webcast
 - *Keeping It Real: The Trauma Informed Legal Professional*, Tri-Bar Bankruptcy Section
 - *Help for Colleagues in Crisis: Recognizing & Responding to Impairment and Other Challenges in the Profession*, MSBA Elder Law Section
 - *Understanding Neurodiversity*, Dakota County Law Library
 - *Mental health, Well-being, and Implicit Bias in a Post-COVID world*, Nilan Johnson
- Law school outreach
 - LCL participated in a Mitchell Hamline panel regarding resources for law students.
 - LCL staff met with student well-being organization leaders to discuss the upcoming school year.
- Short presentations and PSAs
 - MSBA 10th District One Profession attendees and judges
 - Book launch for retired attorney Debbie Russell's memoir *Crossing Fifty-One*.
 - Twin Cities Diversity in Practice Summer Alliance
- Networking and Connection Building
 - LCL attended social events for the launch of attorney Debbie Russell's memoir *Crossing Fifty-One* and the Twin Cities Diversity in Practice Summer Alliance.
 - LCL met with a mental health provider.
- Exhibit tables
 - MSBA 10th District One Profession event
- Publications and social media
 - LCL offered bar exam tips and information about Disability Pride Month on social media platforms.
 - LCL published two blog posts.
 - [Marijuana is Now legal in Minnesota – Should We Be Concerned](#)

- [After the Bar Exam](#)

2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including ABA CoLAP Law School committee and a subcommittee on conditional admission, the CoLAP Conference Planning Committee, the Minnesota District Judges Foundation Well-Being Committee, and the Tri-Bar CLE, Professional Regulation, and Well-Being committees. LCL is serving on a succession planning subcommittee of the Professional Regulation Committee.

3. Operations

- New LCL Board members attended an orientation, and the new board year began. LCL committees were established, and planning began for next year's annual breakfast.

4. Client Activity

LCL helped 32 new clients in July. We assisted 15 people with substance use and compulsive behavior issues and 16 presented with mental health issues (including some overlap). Career and practice management along with relationship and family issues were the most common personal concerns. We assisted 16 men and 16 women. We helped 27 lawyers, 1 law graduate, and 4 family members.

LCL's Family, ADHD, Careers, Well-Being, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL also hosts a weekly open 12-step group. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.