

Lawyers Concerned for Lawyers Outreach & Activity Report September 2023

LCL offered CLEs and short presentations at a wide variety of events in September. This included the MDJA/MDJF conference, the Hispanic National Bar Association conference, held in Minneapolis, bar sections, Minnesota CLE, the Minnesota Dept. of Education, an annual OLPR conference, and others.

1. Education & Outreach

- LCL CLEs and Major Presentations
 - *Thriving as Latinx Legal Professionals: Prioritizing Well-Being in the Practice of Law*, Hispanic National Bar Association annual conference, Minneapolis.
 - *Suicide Awareness and Prevention*, MNCLE Webcast (for Suicide Awareness and Prevention Month)
 - *Mental Health, Well-Being and Implicit Bias in a Post-COVID World*, LCL In-House CLE
 - *Appellate Practice and Procedure: Requests for Accommodation*, MNCLE Webcast
 - *Getting Your Bounce Back: Resilience in the Face of Uncertainty*, MSBA Construction Law Section
 - *Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession*, LCL In-House CLE
 - *Stress, Trauma, Burnout, and the Overlap with Discipline--the Human Factor*, OLPR Conference
 - *Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession*, Minnesota Department of Education legal staff
 - *Moving Wishes into Change*, MDJF Fall Education Conference.
- Law school outreach
 - LCL spoke in professional responsibility classes at the U of M and Mitchell Hamline
 - LCL discussed services and practice management in a class at the U of M
 - Representatives of law schools and LCL held a regular update meeting.
 - LCL Case Manager Chase Andersen worked with others to develop a panel presentation for the ABA CoLAP Conference, which will be held in October.
 - LCL hosted tables at each law school.
- Short presentations and PSAs
 - Minnesota Affinity Bar Summit
 - Minnesota Attorney General's Office
 - Minnesota CLE Midwest IP Institute
 - Minnesota Matrimonial Lawyers Association Divorce Camp
 - MDJF/MDJA Annual Conference
- Networking and Connection Building
 - LCL attended the MWL President's Reception and social events at the MDJA/MDJF conference.
 - LCL met with representatives of two treatment facilities.
-

- Exhibit tables
 - MN CLE Midwest IP Institute
 - Dorsey & Whitney event, *The Quiet Bias: How Not Talking about Menopause Impacts Women in the Legal Profession*
 - All law schools
- Publications and social media
 - LCL offered a variety of well-being tips on social media platforms.
 - A short LCL informational article was published in the M-LAW Wellness newsletter, sent to all legal services professionals.
 - LCL was interviewed and provided resources for an ABA Bar Leaders publication, [Addressing the Lawyer Suicide Crisis: A Guide for Bar Leaders](#).
 - LCL published the blog post, [Suicide Prevention Month, Our Everyday Opportunity](#).

2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including ABA CoLAP Law School committee, the CoLAP Conference Planning Committee, and the Tri-Bar CLE, Professional Regulation, and Well-Being committees.

3. Operations

- LCL began audit preparations.
- The LCL Breakfast Committee began planning a Spring 2024 event.

4. Client Activity

LCL helped 34 new clients in September. We assisted 6 people with substance use issues and 21 presented with mental health issues (including some overlap). General stress, career, and relationship/family issues were the most common personal concerns. We assisted 14 men and 20 women. We helped 15 lawyers, 3 judges, 1 law graduate, 9 law students, one other legal professional, and 3 family members.

LCL's Family, ADHD, Careers, Well-Being, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL also hosts a weekly open 12-step group. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.