

LCL-SPONSORED COURSES

Event Code	Event Date	Course Title	Location	Strd	Ethics	Elimination of Bias
499312	2/20/2024	Mindfulness for Wellness	Live Webcast	1		
499040	2/6/2024	Avoiding Burnout as an Ethical Imperative	Live Webcast		1	
498992	1/18/2024	Helping Yourself While Helping Others: The ABCs of Well-Being	Saint Cloud, MN	0.5		
498490	1/17/2024	Ethics, Mental Health and Social Media in the Legal Profession	On-Demand		1	
497670	1/4/2024	Ethics, Mental Health, and Well-Being in a Post-Covid World	On-Demand		1	
497667	1/4/2024	Mental Health, Well-Being, and Implicit Bias in a Post-Covid World	On-Demand			1
497664	1/4/2024	Reducing Stigma to Avoid Chronic Stress and Burnout	On-Demand			1
497663	1/4/2024	Clients in Crisis - Helping Yourself, Helping Your Clients	On-Demand		1	
497662	1/4/2024	Avoiding Burnout: What Fuels Your Fire?	On-Demand		1	
497563	1/11/2024	Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession	Chisholm, MN	1		
497561	1/5/2024	Mental Health, Well-Being, and Implicit Bias in a Post-Covid World	Benson, MN			1
497461	1/16/2024	Resolve to be Resilient - Using Resiliency to Build Your Fitness to Practice	Live Webcast	1		
497375	12/20/2023	Mental Health, Well-Being and Implicit Bias in a Post-Covid World	On-Demand			1
496977	1/23/2024	Ethically Enhancing Workplace Well-Being with Self-Compassion, Gratitude and Joy	Live Webcast		1	
496802	12/4/2023	Mental Health, Addiction, and Transition in Older Adults	Live Webcast			1
496765	11/28/2023	Helping Yourself While Helping Others: The ABCs of Well-Being	Minneapolis	0.5		
495057	11/9/2023	Chronic Stress, Mental Health and Addiction in the Legal Profession	Moorhead, MN			1
494719	11/21/2023	Understanding and Managing Holiday Stress	Live Webcast	1		
494591	11/7/2023	Chronic Stress, Mental Health, and Addiction in the Legal Profession/Live Webcast	Live Webcast			1
493865	10/18/2023	Keeping it Real: The Trauma Informed Legal Professional	Duluth, MN			1
493166	10/24/2023	Creating Connection to Avoid Isolation and Promote Well-Being	Live Webcast	1		
493167	10/19/2023	Implicit Bias in the Legal Profession: Mental Health and Double Stigma	Live Webcast			1
479379	10/11/2023	Suicide Awareness and Prevention	Minneapolis			1
492887	9/25/2023	Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession	Live Webcast	1		
491663	9/21/2023	Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession	Live Webcast	1		
491662	9/14/2023	Mental Health, Well-Being, and Implicit Bias in a Post-COVID World	Live Webcast			1
491313	8/30/2023	Mental Health, Well-Being, and Implicit Bias in a Post-COVID World	Lake Elmo			1
491291	8/24/2023	Understanding and Preventing Suicide	Live Webcast			1
491311	8/24/2023	Implicit Bias in the Legal Profession: Mental Health and Double Stigma	Minneapolis			1
490294	8/22/2023	Authenticity, New Professionalism and Well-Being	Live Webcast	1		
490347	8/14/2023	Getting Your Bounce Back: Using Resiliency to Preserve Your Fitness to Practice	On-Demand	1		
490295	8/10/2023	Ethics, Mental Health and Well-Being in a Post-COVID Environment	Live Webcast		1	
490060	7/27/2023	Mental Health, Well-Being and Implicit Bias in a Post-COVID World	Minneapolis			1
489368	7/20/2023	Suicide Awareness and Prevention	Live Webcast			1
488645	7/14/2023	Clients in Crisis -	On-Demand		1	
489342	7/11/2023	Avoiding Burnout: What Fuels Your Fire?	Live Webcast	1		

486827	6/29/2023	Clients in Crisis - Helping Yourself, Helping Your Clients	Live Webcast		1	
486768	6/8/2023	Reducing Stigma to Avoid Chronic Stress and Burnout	Live Webcast			1
486780	6/2/2023	Clients in Crisis - Helping Yourself, Helping Your Clients	Willmar, MN		1	
486775	6/1/2023	Client in Crisis	Live Webcast		1	
485311	5/11/2023	Chronic Stress, Mental Health, and Addiction in the Legal Profession/Live Webcast	Live Webcast			1
485070	5/5/2023	Hiding in Plain Sight - Eating Disorders	On-Demand			1
485037	5/4/2023	On Square Pegs and Round Holes: Exploring Neurodiversity in the Legal Profession	On-Demand			1
479379	5/3/2023	Suicide Awareness and Prevention	Minneapolis			1
485071	5/2/2023	Managing Ethics, Negativity & Stress	On-Demand		1	
484543	4/25/2023	Problem Gambling and the Legal Profession	Live Webcast			1
484544	4/11/2023	Avoiding Burnout as an Ethical Imperative	Live Webcast		1	
483328	3/14/2023	Understanding Stress, Trauma, Mental Illness, and Bias in the Legal Profession	In-House			
482672	3/1/2023	Mental Health, Well-Being, and Implicit Bias in a Post-COVID Environment	Live Webcast			1
481064	2/23/2023	Avoiding Burnout: What Fuels Your Fire?	Live Webcast	1		
481078	2/22/2023	Help for Colleagues in Crisis: Recognizing and Responding to Impairment and other Challenges in the Legal Profession	Live Webcast			1
481101	2/16/2023	Ethics, Mental Health and Well-Being in a Post-COVID Environment	Mankato, MN		1	
480768	2/16/2023	Hiding in Plain Sight - Eating Disorders	Live Webcast			1
479645	1/17/2023	Managing Ethics, Negativity & Stress	Live Teleconference		1	
479459	1/13/2023	Vicarious Trauma, Compassion Fatigue and Self-Care in the Legal Profession	Live Webcast	1		
478651	1/10/2023	Resolve to be Resilient	St. Paul, MN	1		
478990	1/6/2023	Keeping It Real: The Trauma-Informed Legal Professional	Willmar, MN			1
477300	12/15/2022	On Square Pegs and Round Holes: Exploring Neurodiversity in the Legal Profession	Live Webcast			1
476130	11/29/2022	Avoiding Burnout: What Fuels Your Fire?	Live Webcast	1		
477412	11/17/2022	Understanding and Managing Holiday Stress	Live Webcast	1		
476807	11/16/2022	Stress, Addiction, and Mental Health: An Ethical Perspective	Live Webcast	1		
476510	11/10/2022	Clients in Crisis	Moorhead, MN		1	
476129	11/8/2022	Understanding and Managing Holiday Stress	Live Webcast	1		
470821	10/25/2022	Mental Health, Well-Being and Resilience in a Post-Covid Environment	Live Webcast	1		
475187	10/11/2022	Keeping it Real: The Trauma Informed Legal Professional	Live Webcast			
470820	9/13/2022	Understanding and Preventing Suicide	Live Webcast			1
470680	9/7/2022	Suicide Awareness and Prevention	On-Demand			1
470681	9/7/2022	Implicit Bias in the Legal Profession: Mental Health & Double Stigma	On-Demand			1
469639	8/23/2022	Understanding Stress, Trauma, Addiction, and Bias in the Legal Profession	St. Paul, MN			1
469640	8/9/2022	Clients in Crisis	St. Paul, MN		1	
467561	7/26/2022	Vicarious Trauma, Empathy Fatigue, and Self-Care in the Legal Profession	St. Paul, MN	1		
469584	7/26/2022	Elimination of Bias: Mental Health and Well-Being in a Post-COVID Environment	In-House			1
467560	7/12/2022	Mental Health and Addiction Issues in Older Adults	St. Paul, MN			1
466956	7/8/2022	Sustainable Wellness: A Trauma-Informed Look at Cultivating Calm Beyond the Pandemic Woes	On-Demand	2		
464023	6/28/2022	Stress, Addiction, and Mental Health - An Ethical Perspective	Live Teleconference			1
466890	6/20/2022	Sustainable Wellness: A Trauma-Informed Look at Cultivating Calm Beyond the Pandemic Woes	St. Paul, MN	2		
456109	6/15/2022	Interrupting Stigma While Surviving and Thriving in Challenging Times	Live Teleconference			

464022	6/14/2022	Implicit Bias in the Legal Profession: Mental Health and Double Stigma	Live Teleconference			1
465454	6/13/2022	Suicide Awareness and Prevention	Live Webcast			1
456016	5/5/2022	Ethics, Mental Health and Well-Being in a Post-COVID Environment	Live Webcast			
453783	4/27/2022	Mindful Moments: Engaging in the Present Through Practice	Live Teleconference		1	
453782	4/12/2022	The Path to Lawyer Well-Being and the Legal Profession: Reducing the Stigma of Asking for Help	Live Teleconference			1
445920	3/22/2022	Problem Gambling and the Legal Profession	Live Webcast			1
444655	3/17/2022	Neuroscience of Addiction	On-Demand			1.5
450851	3/17/2022	Ethics, Mental Health and Well-Being in a Post-COVID Environment	Live Webcast		1	
445919	3/8/2022	Getting Your Bounce Back: Using Resiliency to Preserve Your Fitness to Practice	Live Webcast	1		
441399	2/22/2022	When Your Client is Impaired: Addiction and Ethical Issues for Attorneys	Live Webcast			
444519	2/17/2022	Keeping It Real: The Trauma-Informed Attorney	Live Webcast			1
441397	2/8/2022	The Neuroscience of Addiction	Live Webcast			1.5
439785	2/2/2022	Resilience in the Face of Uncertainty: Getting Your Bounce Back - and Keeping It	On-Demand	1		
438451	1/25/2022	Mental Health, Well-Being and Implicit Bias in a Post-COVID Environment	Live webcast			1
436321	1/20/2022	Keeping It Real: The Trauma-Informed Attorney	Live webcast			1
433081	1/14/2022	Implicit Bias in the Legal Profession: Mental Health and Double Stigma	On-Demand		1	
433082	1/14/2022	Ethics, Mental Health and Social Media in the Legal Profession	On-Demand		1	
439783	1/14/2022	Interrupting Bias While Surviving & Thriving in Challenging Times	Live webcast			1
438450	1/11/2022	Resilience in the Face of Uncertainty: Getting Your Bounce Back - and Keeping It	Live webcast	1		
431206	12/14/2021	Interrupting Bias While Surviving & Thriving in Challenging Times	Live webcast			1
426836	12/14/2021	Ethics, Mental Health and Social Media in the Legal Profession	Live webcast		1	
424732	11/23/2021	Understanding and Managing Holiday Stress	Live webcast	1		
419865	11/16/2021	Help for Colleagues in Crisis: Recognizing and Responding to Impairment and other Challenges in the Legal Profession	Moorhead, MN			1
424731	11/10/2021	Attorney Toolkit: Addressing Issues with Clients in Crisis	Live webcast	1		
421087	11/10/2021	Ethics, Mental Health and Well-Being in a Post-COVID Environment	On-Demand		1	
417080	10/26/2021	Mental Health and Addiction Issues in Older Adults	Live webcast			1
417079	10/12/2021	Ethics, Mental Health and Well-Being in a Post-COVID Environment	Live webcast		1	
409843	9/28/2021	Lawyer Well-Being: Surviving & Thriving in Challenging Times	Webcast	1		
409836	9/14/2021	Implicit Bias in the Legal Profession: Mental Health & Double Stigma	Webcast			1
409899	9/10/2021	Suicide Awareness and Prevention	Webcast			1
401727	8/24/2021	Mental Health and Well-Being in a Post-COVID Environment	Webcast	1		
401720	8/10/2021	Keeping It Real: The Trauma-Informed Attorney	Webcast			1
396286	8/9/2021	Getting Your Bounce Back: Using Resiliency to Preserve Your Fitness to Practice	On-Demand	1		
381393	7/27/2021	Getting Your Bounce Back: Using Resiliency to Preserve Your Fitness to Practice	Live webcast	1		
381392	7/13/2021	The Neuroscience of Addiction	Live webcast			1
371931	6/22/2021	Help for Colleagues in Crisis: Recognizing and Responding to Impairment and other Challenges in the Legal Profession	Live webcast			1
371929	6/15/2021	Ethics, Mental Health, and Social Media in the Legal Profession/Webcast	Live webcast		1	
371817	5/18/2021	Surviving & Thriving in Challenging Times: Bias and Trauma	Live webcast			1
362907	5/5/2021	Understanding Mental Health Diagnoses	Live webcast			1
362908	5/4/2021	Client in Crisis	Live webcast		1	
362732	5/3/2021	Sleep, Neuroscience, and Ethics	St. Paul, MN	0.5	1.0	

360558	4/22/2021	The Neuroscience of Addiction	Live Webcast			1.0
354690	4/15/2021	Building Resilience in the Face of Adversity	Live Webcast			1.0
354581	4/7/2021	Sometimes the Struggle is Real: A Candid Discussion About the Importance of Mental Health	Live Webcast			1.0
348331	3/23/2021	Problem Gambling and the Legal Profession	Live Webcast			1.0
348396	3/17/2021	When Your Client is Impaired	Live Webcast		1.0	
343844	2/18/2021	Implicit Bias in the Legal Profession: Mental Health and Double Stigma	Live Webcast			1.0

COURSES SPONSORED BY OTHERS

LCL representatives often speak in CLE programs sponsored by Minnesota CLE, bar associations and other organizations. If you do not see the course you attended on this list, please contact the provider. If you don't know the name of the provider, we'll be happy to help you identify them.