



## LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

### LCL MARCH CLE PROGRAMS

#### **Ethical Dangers of Isolation in the Profession**

**Tuesday, March 5, 4:00—5:00 P.M. via Zoom**

**1.0 hour Ethics CLE credit (applied for)**

**Presenters: Jon Tynjala, Case Manager and Judith Rush, Outreach Manager, Lawyers Concerned for Lawyers**

Loneliness and isolation present an urgent public health challenge, prompting the U.S. Surgeon General to issue a public health advisory to urge the nation's immediate awareness and action. As lawyers, we have been identified as the loneliest workers in America, and our isolation presents a significant risk to our mental and physical health and our ability to conform to our professional obligations. This program explores some of the causes and effects of isolation, the impact on our professional responsibilities, and ways we can address both causes and effects of isolation by building a culture of connection and mutual care in the legal profession

**Advance registration is required; register [here](#).**

#### **Surviving and Thriving in the Law: One Criminal Prosecutor's Well-Being Journey**

**Thursday, March 28, 4:00—5:00 P.M.**

**1.0 hour Standard Credit (applied for)**

**Presenters: Debbie Russell, Attorney and Judith Rush, Outreach Manager, Lawyers Concerned for Lawyers**

Join LCL Guest Debbie Russell, award-winning author of [Crossing Fifty-One](#) and former criminal prosecutor, for a lively and informative conversation with Judith Rush about Debbie's journey of self-discovery and healing, and what Debbie learned along the way that can inform how we can cultivate well-being for ourselves, our colleagues, and the broader profession.

**Advance registration is required; register [here](#).**

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all legal professionals. For more information, please call 651-646-5590 or email [Joan Bibelhausen](#). LCL does not charge for these programs; contributions are gratefully appreciated. [Donate here](#).