



## LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

### LCL APRIL CLE PROGRAMS

#### **Avoiding Burnout: What Fuels Your Fire?**

**Tuesday, April 9, 4:00—5:00 P.M. via Zoom**

**1.0 hour Standard CLE credit (applied for)**

**Presenter: Judith Rush, Outreach Manager, Lawyers Concerned for Lawyers**

Many lawyers feel exhausted, discouraged, stressed, and “burned out.” This timely program explores what burnout is, how our work as legal professionals contributes to burnout, and how to make our way out of burnout, regain our spark, and enjoy our lives.

**Advance registration is required; register [here](#).**

#### **Keeping it Real: The Trauma Informed Legal Professional**

**Tuesday, April 23, 4:00—5:00 P.M.**

**1.0 hour Elimination of Bias Credit (applied for)**

**Presenter: Joan Bibelhausen, Executive Director, Lawyers Concerned for Lawyers**

Attorneys frequently work with clients who have experienced trauma, and this exposure may cause vicarious trauma for the lawyer. We also bring our own experiences, which may include trauma, to our work. This presentation will help legal professionals recognize and address trauma in clients and themselves. Topics also include the role of stigma and bias, understanding trauma and the potential for disability, recognizing and addressing trauma in clients, and the impact of current events.

**Advance registration is required; register [here](#).**

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all legal professionals. For more information, please call 651-646-5590 or email [Joan Bibelhausen](#). LCL does not charge for these programs; contributions are gratefully appreciated. [Donate here](#).