

# Lawyers Concerned for Lawyers Outreach & Activity Report March 2024

LCL's March outreach included a new program presented to the MSBA Tax Section, a conversation with a lawyer turned author, and other presentations to bars and CLE sponsors. LCL offered four distinct programs at law schools and had many PSA and networking opportunities.

## 1. Education & Outreach

- LCL CLEs and major presentations
  - *Ethical Dangers of Isolation in the Legal Profession* as an LCL In-House CLE and for the Ramsey County Law Library
  - *Problem Gambling and the Legal Profession* as a Minnesota CLE Webcast
  - *Clients in Crisis - Helping Yourself, Helping Your Clients* for the 6<sup>th</sup> District Bar in Mankato
  - *Cultivating Resilience to Thrive at Every Stage of our Personal and Professional Lives* for the MSBA Tax Law Section (cosponsored with Children in the Law, Health Law, and Employee Benefits sections)
  - *Surviving and Thriving in the Law: One Prosecutor's Well-Being Journey* as an LCL In-House CLE
  
- Law school outreach
  - LCL hosted exhibit tables at each law school.
  - LCL spoke about secondary trauma in a World Without Genocide class at Mitchell Hamline.
  - LCL spoke in Judicial Externship and Professional Responsibility classes at St. Thomas.
  - LCL co-presented on character and fitness with Emily Eschweiler at St. Thomas.
  
- Short presentations and PSAs
  - LCL made a short PSA via Zoom at the MSBA 9<sup>th</sup> District One Profession event.
  - LCL made a short presentation about well-being and connection for lawyers and others for a division within the Minnesota Attorney General's office.
  - LCL made a PSA during a breakout program at the Minnesota CLE Family Law Institute.
  - LCL made a short announcement at a HCBA board meeting.
  - MSBA Quarterly Affinity Bar meeting
  
- Networking and Connection Building
  - RCBA Judges Dinner
  - FBA monthly luncheon
  - FBA seminar and reception: An Unfinished Journey: Civil Rights for People with Developmental Disabilities and the Role of the Federal Courts
  
- Exhibit tables
  - MN CLE Family Law Institute
  - Law schools
  
- Publications and social media

- LCL published the blog post, [New Minnesota Mental Health CLE Rule: LCL is Ready to Serve](#).
- LCL offered a variety of well-being tips and promoted the LCL breakfast on social media platforms.

## **2. Bar Associations and Professional Organizations**

- LCL attended meetings of various bar committees including the ABA CoLAP Commission, Conference, and Law School committees, the MSBA CLE, Professional Regulation, and Well-Being committees, the Affinity Bar quarterly gathering, and the MWL CLE Committee.
- LCL Case Manager Jon Tynjala is chairing the Diversion Subcommittee of the OLPR Rule Changes Steering Committee which is moving forward in drafting a new rule.

## **3. Operations**

- The LCL Breakfast Committee continued planning a Spring 2024 event.
- The LCL Board approved the audit and the IRS Form 990 and other reports were submitted. Work continued on the LCL audit.
- Other LCL committees met during the month.

## **4. Client Activity**

LCL helped 36 new clients in March. We assisted 12 people with substance use issues and 18 presented with mental health issues (including some overlap). General stress, career and family or relationship issues were the most common personal concerns. We assisted 21 men and 15 women. We helped 26 lawyers, 5 law students, 1 judge, 3 family members, and 1 other legal professional.

LCL's Family, ADHD, Well-Being, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL will be starting a new group for solo and small firm practitioners. LCL also hosts a weekly open 12-step group. LCL assisted with the formation of an abstinence support group for prosecutors and allies. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.