

Lawyers Concerned for Lawyers Outreach & Activity Report April 2024

LCL's April programs included the annual Stepping-Up breakfast where keynote speaker Judge Bruce Peterson discussed the lawyer as peacemaker. LCL also traveled to Rochester and Alexandria for presentations.

1. Education & Outreach

- LCL CLEs and major presentations
 - *Avoiding Burnout: What Fuels Your Fire?* and *Keeping It Real: The Trauma Informed Legal Professional*, LCL In-House CLEs
 - *Ethics, Mental Health, and Well-Being in a Post-Covid World*, MNCLE Webcast
 - *Help for Attorneys in Crisis: Dealing with Addiction, Impairment, and Mental Health Issues in the Legal Profession*, National College for DUI Defense
 - *Surviving & Thriving in Challenging Times: Bias and Trauma*, MNCLE Post-Family Law Institute Webcast
 - *Ethics, Mental Health, and Well-Being in a Traumatic and Shifting Environment*, Ramsey County Attorney's Office
 - *The Lawyer as Peacemaker* was offered to attendees at LCL's Stepping Up breakfast. This topic will be expanded upon at a May CLE.
- Law school outreach
 - LCL hosted exhibit tables at each law school.
 - LCL spoke in Professional Responsibility classes at Mitchell Hamline and the University of Minnesota.
 - LCL spoke to a group of law students in a solo practice incubator
 - LCL made a presentation and led a discussion on secondary trauma for a St Thomas clinic.
- Short presentations and PSAs
 - Minnesota CLE Environmental, Workers Comp, and Banking Law institutes, and Advising the Disadvantaged seminar.
 - 7th and 8th District judges retreat, Alexandria
 - MSBA 3rd District One Profession event in Rochester, general audience and 3rd District bench meeting.
- Networking and Connection Building
 - RCBA Bar Memorial
 - Minnesota CLE speaker event
 - LCL Stepping Up Breakfast
- Exhibit tables
 - Minnesota CLE Environmental, Workers Comp, and Banking Law institutes, and Advising the Disadvantaged seminar.
 - MSBA 3rd District One Profession event in Rochester
 - Law schools

- Publications and social media
 - LCL published the blog post, [Proposed Diversion Rule for Minnesota Attorneys](#).
 - Minnesota Lawyer published an article about the LCL breakfast.
 - LCL offered a variety of well-being tips and promoted the LCL breakfast on social media platforms.

2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including the ABA CoLAP Commission, Conference, and Law School committees, the MSBA CLE, Professional Regulation, and Well-Being committees, the Affinity Bar quarterly gathering, and the MWL CLE Committee.
- LCL Case Manager Jon Tynjala is chairing the Diversion Subcommittee of the OLPR Rule Changes Steering Committee which is moving forward in drafting a new rule.

3. Operations

- LCL held a “Stepping Up for Well-Being” breakfast.
- Other LCL committees met during the month.

4. Client Activity

LCL helped 36 new clients in April. We assisted 8 people with substance use issues and 22 presented with mental health issues (including some overlap). General stress and career issues were the most common personal concerns. We assisted 20 men and 16 women. We helped 26 lawyers, 3 judges, 5 law students, and 2 family members.

LCL’s Family, ADHD, Well-Being, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL will be starting a new group for solo and small firm practitioners. LCL also hosts a weekly open 12-step group. LCL assisted with the formation of an abstinence support group for prosecutors and allies. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL “sponsored” group.