

# Lawyers Concerned for Lawyers Outreach & Activity Report June 2024

LCL was active at the MSBA Convention, had numerous other outreach opportunities, and published an article in an international journal. LCL helped over 400 new clients during the 2023-24 fiscal year.

## 1. Education & Outreach

- LCL CLEs and major presentations
  - *Reducing Stigma to Avoid Chronic Stress and Burnout* for a law firm
  - *Resilience in Resolution: Coping with Trauma and Empathy Fatigue and Building Resilience*, PowerHouse mediation
  - *Mental Health, Addiction, and Transition in Older Adults*, LCL In-House CLE
  - *Chronic Stress, Trauma, Mental Health, and Addiction in the Legal Profession*, Minnesota Defense Lawyers Association
  - *Interrupting Bias While Surviving & Thriving in Challenging Times* for a law firm
  - *Cultivating Resilience to Thrive at Every Stage of our Personal and Professional Lives as Lawyers*, LCL In-House CLE
  - *Understanding Stress, Trauma, and Addiction in the Legal Profession*, MNCLE Webcast
  - LCL made a non-CLE presentation to MLM claims attorneys
  
- Law school outreach
  - LCL began posting bar exam stress tips on social media exam stress tips on social media
  - LCL spoke in a judicial externship class at St. Thomas
  - LCL held a quarterly meeting with student services representatives from each law school.
  
- Short presentations and PSAs
  - MSBA Convention
  - Federal Bar Association Federal Practice Seminar
  - Minnesota Society for Criminal Justice annual DWI seminar
  - MSBA Assembly meeting
  - MN CLE The Complete Lawyer
  - LCL met with District Ethics Committee chairs to provide information about LCL's new group for solo and small firm practitioners
  - MSBA Affinity Bar Quarterly Summit
  
- Networking and Connection Building
  - Events at two law firms
  - MSBA Convention events
  - HCBA Annual Meeting
  - FBA Judges Reception
  - Justice Anderson retirement event
  - LCL met with two providers
  
- Exhibit tables
  - MSBA Convention

- Minnesota CLE Probate & Trust Institute and The Complete Lawyer seminar
- Minnesota Society for Criminal Justice annual DWI seminar
- Publications and social media
  - LCL published a blog post about the new [Solo/Small Connections group](#).
  - [Lawyer Assistance Programs Provide a Lifeline](#) was published as part of a well-being “Deep Dive” in *Juriste International*, published by the International Bar Association.

## 2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including the ABA CoLAP Commission, Conference, Judicial, and Law School committees, and the MSBA CLE, Professional Regulation, and Well-Being committees, the Affinity Bar quarterly summit, and the MWL CLE Committee. LCL staff members Chase Andersen and Joan Bibelhausen will be speakers at the 2024 ABA CoLAP conference.
- LCL represents Minnesota at the Institute for Well-Being in Law bi-monthly meetings.
- LCL Case Manager Jon Tynjala is chairing the Diversion Subcommittee of the OLPR Rule Changes Steering Committee which has submitted its recommendations for a new rule.
- The MSBA presented its [Lifetime Achievement Award](#) to Executive Director Joan Bibelhausen

## 3. Operations

- LCL held its annual meeting where a new board was elected, and Bylaw changes were approved. LCL’s annual Fred Allen award was presented to Judge Lawrence Johnson who is rotating off the board due to term limits. .
- Other LCL committees wrapped up their work for the year.
- LCL’s new Outreach Director, Sarah MacGillis, joined the organization.

## 4. Client Activity

LCL helped 40 new clients in June. We assisted 8 people with substance use and compulsive behavior issues and 22 were concerned about mental health issues (including some overlap). General stress, family/relationship, and career issues were the most common personal concerns. We assisted 15 men and 25 women. We helped 31 lawyers, 1 judge, 3 law students, 1 other legal professional, and 4 family members.

LCL’s Family, ADHD, Well-Being, Solo/Small, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL also hosts a weekly open 12-step group. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL “sponsored” group.