LAWYERS CONCERNED FOR LAWYERS BOARD MEETING AGENDA
July 18, 2024, 7:30 a.m. – 9:00 a.m.

# Join Zoom Meeting

https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGIhji.1

Meeting ID: 819 9835 6740

If you are unable to join via Zoom: call +1 312 626 6799

# **Items Requiring Board Action/Discussion:**

Approval of Minutes
Financial Statements for May and June
LCL Budget
Auditor approval
LCL Breakfast
LCL Committee Appointments

- 1. Approval of the May 16, 2024 regular meeting minutes
- 2. Chair's Report
  - 2.1 Welcome and Introductions
  - 2.2 Board Committees
  - 2.3 Strategic Planning
  - 2.4 Fundraising
- 3. Treasurer's Report
  - 3.1 Financial statements for May and June
  - 3.2 Auditor recommendation
- 4. Executive Director's Report
  - 4.1 Activity Report
  - 4.2 LCL Budget
  - 4.3 Well-Being Initiatives
  - 4.4 Conflict of Interest forms & Board poll
  - 4.5 LCL Breakfast
  - 4.6 Staff introductions
  - 4.7 Well-being updates
- 5. Committee & Task Force Reports
- 6. Other Business and Upcoming Events

#### Upcoming Events -

- LCL CLE, Managing Ethics, Stress and Negativity, 7/23, noon, via Zoom
- MN CLE post-Employment Law Institute webcast, Ethics and Neuroscience-Managing Sleep to Avoid Ethics Mistakes, 7/25
- Dorsey & Whitney, Managing Ethics, Negativity & Stress, 7/30
- MN CLE Solo Small Firm Conference, August 5-6, Duluth, LCL table and CLE, Understanding Stress, Trauma, Mental Health and Addiction in the Legal Profession
- MN AG CLE, So, I have this Friend..." Recognizing the Stigma and Normalizing the

Conversations about Substance Use Disorder, Mental Health, Stress, and Work-Life Balance, 8/14

- MNAJ State Conference, LCL table and CLE, Injury & Impairment; Helping Our Clients by Helping Ourselves, 8/16
- Dorsey & Whitney, Ethics, Mental Health and Well-Being in a Post-COVID Environment, 8/20
- Legal Assistance of Olmsted County, LCL presenting Understanding Stress, Trauma, Mental Health and Addiction in the Legal Profession (mental health credit) and Ethical Considerations when Your client is Impaired (ethics credit), 8/22
- MN CLE webcast, Understanding Stress, Trauma, and Mental Health in the Legal Profession, 8/23
- State Bar of North Dakota, Understanding Stress, Trauma, Mental Health and Addiction in the Legal Profession for mental health substance use credit and Mental Health and Double Stigma for Elimination of Bias Credit, 8/28
- Blue Cross CLE, Understanding Stress, Trauma, Mental Health and Addiction in the Legal Profession, 9/11 or 10/2
- MSBA Well-Being Committee and LCL, Navigating Law Careers and Transitions, 9/12
- Washington County Law Library CLE, Understanding Stress, Trauma, Mental Health and Addiction in the Legal Profession, 9/18
- MN CLE, Mental Health and Transition Issues in Older Adults, 9/18
- MDJA conference, 9/24-26, Brainerd
- Colap Conference, 9/24-26, Colorado Springs, CO

# Groups – all are remote until further notice – contact LCL for further details

- Bar None AA Meetings: Tues & Thurs, 12:30 p.m., via Zoom see LCL website in-perosn location has changed. Mon., 12:15 p.m., via phone seeking trusted servant volunteers for substitutions.
- Therapist facilitated Well-Being Support Groups: Thursday noon, via Zoom
- Family Support Group: Twice monthly via Zoom
- <u>Lawyers in Transition</u> Monthly via Zoom; new 6-session group will begin when there is sufficient interest.
- Discipline in Practice Monthly via Zoom
- AD/HD Support Group Twice monthly via Zoom
- MWL cosponsored Parenting Group twice monthly
- Solo/Small group monthly via Zoom
- Retirement group planning stages

https://www.overeaters.org/

https://www.caminnesota.org/

https://saa-recovery.org

https://www.gamblersanonymous.org/ga/

https://www.al-anon-alateen-msp.org/

http://www.minnesotarecovery.info/OtherMN12StepGroups.htm

https://www.allinahealth.org/health-conditions-and-treatments/grief-resources

https://www.naminnesota.org/

https://www.aaminneapolis.org/ – includes links to St. Paul and greater Minnesota sites https://allonehealth.com/allone-health-locations/sandcreekeap/

### 7. Adjourn

Next Regular Meeting: September 19, 7:30 a.m.