



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL SEPTEMBER CLE PROGRAMS

Suicide Awareness and Prevention

Tuesday, September 10, 4:00-5:00 PM

1 Hour EOB (applied for)

Register for Webinar [here](#)

Our profession's stress is a predictor for depression and untreated depression is the #1 predictor for suicide. Lawyers must also deal with the fact that clients can be suicidal. This program will help you understand facts and myths about suicide, recognize signs and indicators for depression, anxiety, and suicide, and provide resources and a protocol for offering and seeking help to prevent suicide. September 10 is World Suicide Prevention Day.

Don't miss this personal and important program. You could save a colleague or loved one's life and help them hope, heal and recover. (Joan Bibelhausen and Faith Amdahl, presenting).

Shielding the Carer: Understanding and Managing Secondary Trauma in Legal Professionals

Friday, September 13, 12:00-1:00 PM

1 Hour MH Credit (applied for)

Register for Webinar [here](#)

This course is designed to educate attorneys about secondary traumatic stress and how it can adversely affect the attorney. It is based upon the understanding that working with traumatized individuals is part of many attorneys' professional practices. Indeed, many of us spend considerable time with victims of trauma, either learning their stories in person or through secondary sources like reports, photographs, recordings, interviews with others and through pretrial and trial testimony. These interactions can take a significant emotional toll of the professional, particularly with repeated exposure over time. The presentation will give strategies for the individual and the institution to better equip themselves to handle the effects of working with this vulnerable population, in other words, how to employ strategies to "shield the carer" from the occupational hazard of working with other individual's trauma. (Sarah MacGillis, presenting).

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all legal professionals. For more information, please call 651-646-5590 or email [Joan Bibelhausen](mailto:Joan.Bibelhausen). LCL does not charge for these programs; contributions are gratefully appreciated. [Donate here](#).