

# Lawyers Concerned for Lawyers Outreach & Activity Report September 2024

LCL offered CLEs and short presentations at a wide variety of events in September. This included the MDJA/MDJF conference, the ABA Commission on Lawyer Assistance Programs national conference, bar sections, Minnesota CLE, law libraries, the annual OLPR conference, and others.

## 1. Education & Outreach

- LCL CLEs and Major Presentations
  - *Suicide Awareness and Prevention*, LCL in house CLE presented on World Suicide Prevention Day
  - *Sliding Doors: Staying Open to the Invitation of Transitions in Your Law Career*, LCL and Tri-bar Well-Being and Signature CLE Committees
  - *Shielding the Carer: Understanding and Managing Secondary Trauma in Legal Professionals (new)*, LCL in-house CLE and 1st Judicial District “Promoting Peace” day of community education on trauma.
  - *Mental Health and Substance Use in the Legal Profession and in the Practice of Law*, Tri-Bar Social Security, Communications and Criminal Law sections, St. Paul City Attorney, and Washington County Law Library
  - *Mental Health and Transition Issues in Older Adults*, MSBA Post-Probate & Trust Institute Webcast
  - *Managing Ethics, Stress, and Negativity* Henn. County Law Library
  - *Mental Health and the Legal Profession*, Association of Legal Administrators state conference
  - LCL staff members helped plan and participated in two programs at the ABA Commission on Lawyer Assistance Programs national conference: *Supporting Transitions and Transformations* (opening plenary) and *National Trends: ADA Accommodations and Supporting Law Students with Disabilities*.
- Law school outreach
  - Representatives of law schools and LCL held a regular update meeting.
  - LCL Case Manager Chase Andersen worked with others, including Mitchell Hamline Dean of Students Lynn Lemoine. to develop and offer a presentation for the ABA CoLAP Conference.
  - LCL hosted tables at each law school.
- Short presentations and PSAs
  - OLPR 2024 seminar, extended PSA
  - Minnesota Affinity Bar Summit
  - Minnesota CLE Midwest IP, Non-Profit, and Health Law Institutes, and the Complete Family Lawyer
  - Minnesota MDJF/MDJA Annual Conference
  - MSBA 19<sup>th</sup> District Bar annual meeting
- Networking and Connection Building
  - LCL attended the MWL President’s Reception and social events at the MDJA/MDJF conference.

- An LCL representative attended Hazelden Betty Ford's 75<sup>th</sup> Anniversary gala.
- LCL met with representatives of four treatment facilities and with a well-being consultant.
- Exhibit tables
  - MN CLE Minnesota CLE Midwest IP, Non-Profit, and Health Law Institutes, and the Complete Family Lawyer
  - Minnesota District Judges Association annual conference
  - All law schools
- Publications and social media
  - LCL offered a variety of well-being tips on social media platforms.
  - LCL published two blog posts: [National Recovery Month 2024](#) and [Gratitude: A Habit Worth Developing and Sustaining](#).
  - LCL's Hennepin Lawyer article about the new mental health CLE requirement was recapped in a blog post sent by Legal Services State Support.

## 2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including ABA CoLAP Law School committee, the CoLAP Conference Planning Committee, and the Tri-Bar CLE, Professional Regulation, and Well-Being committees, and the Affinity Bar Summit.
- Minnesota was well-represented at the ABA Commission on Lawyer Assistance programs national conference where we appeared in a plenary and a breakout session.

## 3. Operations

- LCL continued audit preparations.
- The LCL Breakfast Committee continued planning a Spring 2024 event.

## 4. Client Activity

LCL helped 31 new clients in September. We assisted 8 people with substance use issues and 14 presented with mental health issues (including some overlap). General stress and career issues were the most common personal concerns. We assisted 18 men and 13 women. We helped 22 lawyers, 2 judges, 1 law graduate, 5 law students, and 1 family member.

LCL's Family, ADHD, Solo Small, Well-Being, and Discipline groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL also hosts a weekly open 12-step group. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.