

LAWYERS CONCERNED FOR LAWYERS  
BOARD MEETING AGENDA  
January 16, 2025, 7:30 a.m. – 9:00 a.m.

**Join Zoom Meeting**

<https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGIhji.1>

**Meeting ID:** 819 9835 6740

If you are unable to join via Zoom: call +1 312 626 6799

**Items Requiring Board Action/Discussion:**

Approval of Minutes  
Financial Statements for November and December  
990  
LSAC update  
LCL Breakfast  
Strategic planning  
New members

1. Approval of the November 21, 2024 regular meeting minutes
2. Chair's Report
  - 2.1 Turn over to Treasurer for 990 report
  - 2.2 Strategic Planning
  - 2.3 Succession
3. Treasurer's Report
  - 3.1 Financial statements for November and December
  - 3.2 Audit updates
4. Executive Director's Report
  - 4.1 Activity Report
  - 4.2 LSAC update
  - 4.3 Well-Being Initiatives
  - 4.4 LCL Breakfast
    1. Theme
    2. Awards
    3. Swag
  - 4.5 New members
5. Committee & Task Force Reports
  - 5.1 Nominations and Governance
  - 5.2 Educations and Outreach
  - 5.3 Cases
  - 5.4 Events
6. Other Business and Upcoming Events

*Upcoming Events –*

- [Help for Colleagues in Crisis: Recognizing and Responding to Impairment and Other Challenges in the Legal Profession](#), MSBA Elder Law Section, 1/16, noon, Zoom

- [Perfecting Without Perfectionism: How to Strive for Excellence Without Stressing Out Over Unattainable Ideals](#), new LCL CLE, 1/21, noon, Zoom
- [IWIL Conference](#), 1/21/- 1/22, LCL on panel, How States Lead the Charge for Judicial Well-Being.
- [Mental Health and Substance Use in the Legal Profession and in the Practice of Law](#), MIPLA, 1/23, noon – 1 p.m., Zoom
- [What to do When you don't know what to do: Managing Stress, Trauma ,and MH as a New Lawyer](#), MN CLE New Lawyers Experience, 1/23, LCL table
- [Ethical Dangers of Isolation](#), MDLA Mid-Winter Conference, 1/24-25. Walker, MN, LCL table
- LCL N & G Committee, 1/31, 9:30 -10:30 a.m.
- [Shielding the Carer](#): Understanding and Managing Secondary Trauma in the Legal Profession, MSBA One Profession, 1/30, Duluth, LCL table
- Why is Sleep an Ethics Issue, FBA, 2/5, Zoom
- Sustaining Compassion: Addressing Empathy and Burnout in Legal Practice, St. Thomas panel, 2/5
- MN Lawyer Attorney of the Year coat check, 2/6
- [Supporting Lawyer Well-Being in the High-Stakes World of Data Privacy and Cybersecurity Law](#), closing plenary, MN CLE, 2025 Midwest Legal Conference on Data Privacy & Cybersecurity, 2/7, LCL table
- Shielding the Carer, MN Association of City Attorneys annual conference, 2/7, Bloomington, LCL table
- [Shielding the Carer](#), MN CLE webcast, Workers Compensation Deskbook series 2/7
- Grief panel, MSBA Senior Lawyers, 2/7
- [Imposter Syndrome in Legal Practice: You're not Alone](#), MSBA Civil Litigation section, 2/10, noon-1 p.m., Hybrid
- [Ethical Dangers of Isolation](#), MN State Law Library, 2/12, noon – 1 p.m., Zoom
- Shielding the Carer, Stearns/Benton County Bar, 2/14, St. Cloud
- [Shielding the Carer](#), MSBA multiple sections, 2/18, Zoom
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, [MN Lavender Bar Conference](#), 2/22, Minneapolis, LCL table
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, MN County Attorneys Assn. 2/26, noon – 1 p.m., Zoom
- Panel including grief, MSBA Trusts & Estates section, 2/27
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, Olmsted County Bar, 2/27, Rochester
- Perfecting Without Perfectionism: How to Strive for Excellence Without Stressing Out Over Unattainable Ideals *and* When Life Happens on Appeal, [MN CLE Appellate Practice Institute](#), 2/28, LCL table
- Implicit Bias in the Legal profession: Mental Health and Double Stigma, MN CLE webcast, 3/13, noon – 1 p.m.
- Archetype of the Addictive Family, MSBA Family Law Section, 3/14, noon, Zoom
- Help for Colleagues in Crisis: Recognizing and Responding to Impairment and Other Challenges in the Legal Profession, MN CLE Family Law Institute, 3/25, RiverCentre, LCL table
- LCL Stepping Up for Well-Being breakfast 4/16

***Groups – all are remote until further notice – contact LCL for further details***

- [Bar None AA Meetings](#): Tues & Thurs, 12:30 p.m., via Zoom – see LCL website – in-person location not currently in place. Mon., 12:15 p.m., **via phone – seeking trusted servant volunteers for substitutions.**
- [Therapist facilitated Well-Being Support Groups](#): Thursday noon, via Zoom

- Family Support Group: Twice monthly via Zoom
- Lawyers in Transition –New 6-session group will begin when there is sufficient interest.
- Discipline in Practice – Monthly via Zoom
- AD/HD Support Group – Twice monthly via Zoom
- MWL cosponsored Parenting Group – once monthly
- Solo/Small group – monthly via Zoom
- Retirement group – planning stages

<https://www overeaters.org/>

<https://www.caminnnesota.org/>

<https://saa-recovery.org>

<https://www.gamblersanonymous.org/ga/>

<https://www.al-anon-alateen-msp.org/>

<http://www.minnesotarecovery.info/OtherMN12StepGroups.htm>

<https://www.allinahealth.org/health-conditions-and-treatments/grief-resources>

<https://www.naminnnesota.org/>

<https://www.aaminneapolis.org/> – includes links to St. Paul and greater Minnesota sites

<https://allonehealth.com/allone-health-locations/sandcreekeap/>

7. Adjourn

Next Regular Meeting: March 20, 7:30 a.m.