LAWYERS CONCERNED FOR LAWYERS

BOARD MEETING AGENDA

March 20, 2025, 7:30 a.m. – 9:00 a.m.

**Join Zoom Meeting**

[**https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGIhji.1**](https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGIhji.1)

**Meeting ID:** 819 9835 6740

If you are unable to join via Zoom: call +1 312 626 6799

**Items Requiring Board Action/Discussion:**

Approval of Minutes

Financial Statements for January and February

LCL Breakfast

Strategic planning

LCL 25-27 budget

New members

Call a quorum

1. Approval of the January 16, 2025 regular meeting minutes Ask for a motion, second, vote

2. Chair’s Report

 2.1 Succession

 2.2 Strategic Planning

 2.3 Budget considerations – You may want to make a motion or ask for one to add your recommendations to the next budget

3. Treasurer’s Report

 3.1 Financial statements for January and February – turn over to Kate – I have not heard from her about the 2/25 financials so can make a report if she is not able to attend.

4.  Executive Director’s Report

 4.1 Activity Report

 4.2 LCL Breakfast

 4.3 Well-Being Initiatives

 4.4 New members

 4.5 – I also need to talk about the budget process and our LSAC meeting

5. Committee & Task Force Reports

 5.1 Nominations and Governance – Ben is on vacation. You or I can report. I believe Judge Frank can present his own ask to the board and then you or I can report on what the Committee decided. We have the leadership to propose, but not new candidates. That will be in May

 5.2 Education and Outreach – may want to move up because Natalie has to leave early

 5.3 Cases

 5.4 Events

6. Other Business and Upcoming Events – I can report on highlights

*Upcoming Events* –

* Perfecting Without Perfectionism, 3/20, Medtronic attorneys and clients, 3/20
* Shielding the Carer, Paralegals NHCC, 3/20
* St. Thomas judicial externship class, 4/25
* Help for Colleagues in Crisis: Recognizing and Responding to Impairment and Other Challenges in the Legal Profession, MN CLE Family Law Institute, LCL table, 3/25-26, RiverCentre
* Clients in Crisis: Helping Yourself, Helping Your Client, SMRLS staff, 3/27
* Twins Home Opener, 4/3
* Secondary Trauma in the Legal Profession, law firm, 4/7
* Mental Health and Substance Use in the Legal Profession and in the Practice of Law. 11th District Bar, 4/9
* Shielding the Carer, Ramsey County Law Library, 4/9
* U of M PR class, 4/10
* 1st District Bar Association, program TBD, 4/10
* LCL Stepping Up for Well-Being breakfast 4/16
* Shielding the Carer, MSBA Civil Trial Specialist seminar, 4/17
* Mental Health and Double Stigma, MSBA, April date TBD
* Perfecting Without Perfectionism, St. Thomas panel, 4/22
* St. Thomas clinic class, 4/22
* From Isolation to Connection: Supporting Mental Health in the Legal Profession, LCL in-house 4/23
* Mental Health and Substance Use in the Legal Profession and in the Practice of Law, MN CLE Environmental law Institute, 4/23
* Perfecting Without Perfectionism, HCAO, 4/25
* Well Being Week in Law, May 5-9
* Mental Health and Substance Use in the Legal Profession and in the Practice of Law, MN CLE Business law Institute, 5/6
* I Am My Colleague's Keeper-Ethical obligations Upon an Attorney's Illness, Incapacity, or Death, MN CLE 5/8
* Using Personal Leave to Promote Lawyer Well-Being and Cope with Grief and Loss, MN CLE 5/8
* Mental Health and Substance Use in the Legal Profession and in the Practice of Law, law firm, 5/20
* Supporting Lawyer Well-Being: Managing the Pressures of a Rapidly Changing, High Stake Employment Law Landscape, MN CLE Employment Law Institute, 5/20
* Thriving in the Practice of Law-Women, Wellness and the Future, Warren E Burger Inns of Court, 5/21
* LCL Annual Meeting, June

***Groups – all are remote until further notice – contact LCL for further details***

* Bar None AA Meetings: Tues & Thurs, 12:30 p.m., via Zoom – see LCL website – in-person location not currently in place. Mon., 12:15 p.m., **via phone** – **seeking trusted servant volunteers for substitutions.**
* Therapist facilitated Well-Being Support Groups: Thursday noon, via Zoom
* Family Support Group: Twice monthly via Zoom
* Lawyers in Transition –New 6-session group will begin when there is sufficient interest.
* Discipline in Practice – Monthly via Zoom
* AD/HD Support Group – Twice monthly via Zoom
* MWL cosponsored Parenting Group – once monthly
* Solo/Small group – monthly via Zoom
* Retirement group – planning stages

<https://www.overeaters.org/>

<https://www.caminnesota.org/>

https://saa-recovery.org

<https://www.gamblersanonymous.org/ga/>

<https://www.al-anon-alateen-msp.org/>

<http://www.minnesotarecovery.info/OtherMN12StepGroups.htm>

<https://www.allinahealth.org/health-conditions-and-treatments/grief-resources>

<https://www.naminnesota.org/>

<https://www.aaminneapolis.org/> – includes links to St. Paul and greater Minnesota sites

<https://allonehealth.com/allone-health-locations/sandcreekeap/>

7. Adjourn

Next Regular Meeting: May 15, 7:30 a.m.