

LAWYERS CONCERNED FOR LAWYERS
BOARD MEETING AGENDA
March 20, 2025, 7:30 a.m. – 9:00 a.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGlhji.1>

Meeting ID: 819 9835 6740

If you are unable to join via Zoom: call +1 312 626 6799

Items Requiring Board Action/Discussion:

Approval of Minutes

Financial Statements for January and February

LCL Breakfast

Strategic planning

LCL 25-27 budget

New members

1. Approval of the January 16, 2025 regular meeting minutes

2. Chair's Report

2.1 Succession

2.2 Strategic Planning

2.3 Budget considerations

3. Treasurer's Report

3.1 Financial statements for January and February

4. Executive Director's Report

4.1 Activity Report

4.2 LCL Breakfast

4.3 Well-Being Initiatives

4.4 New members

5. Committee & Task Force Reports

5.1 Nominations and Governance

5.2 Educations and Outreach

5.3 Cases

5.4 Events

6. Other Business and Upcoming Events

Upcoming Events –

- Perfecting Without Perfectionism, 3/20, Medtronic attorneys and clients, 3/20
- Shielding the Carer, Paralegals NHCC, 3/20
- St. Thomas judicial externship class, 4/25
- Help for Colleagues in Crisis: Recognizing and Responding to Impairment and Other Challenges in the Legal Profession, MN CLE Family Law Institute, LCL table, 3/25-26, RiverCentre
- Clients in Crisis: Helping Yourself, Helping Your Client, SMRLS staff, 3/27
- Twins Home Opener, 4/3
- Secondary Trauma in the Legal Profession, law firm, 4/7

- Mental Health and Substance Use in the Legal Profession and in the Practice of Law. 11th District Bar, 4/9
- Shielding the Carer, Ramsey County Law Library, 4/9
- U of M PR class, 4/10
- 1st District Bar Association, program TBD, 4/10
- LCL Stepping Up for Well-Being breakfast 4/16
- Shielding the Carer, MSBA Civil Trial Specialist seminar, 4/17
- Mental Health and Double Stigma, MSBA, April date TBD
- Perfecting Without Perfectionism, St. Thomas panel, 4/22
- St. Thomas clinic class, 4/22
- From Isolation to Connection: Supporting Mental Health in the Legal Profession, LCL in-house 4/23
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, MN CLE Environmental law Institute, 4/23
- Perfecting Without Perfectionism, HCAO, 4/25
- Well Being Week in Law, May 5-9
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, MN CLE Business law Institute, 5/6
- I Am My Colleague's Keeper-Ethical obligations Upon an Attorney's Illness, Incapacity, or Death, MN CLE 5/8
- Using Personal Leave to Promote Lawyer Well-Being and Cope with Grief and Loss, MN CLE 5/8
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, law firm, 5/20
- Supporting Lawyer Well-Being: Managing the Pressures of a Rapidly Changing, High Stake Employment Law Landscape, MN CLE Employment Law Institute, 5/20
- Thriving in the Practice of Law-Women, Wellness and the Future, Warren E Burger Inns of Court, 5/21
- LCL Annual Meeting, June

Groups – all are remote until further notice – contact LCL for further details

- Bar None AA Meetings: Tues & Thurs, 12:30 p.m., via Zoom – see LCL website – in-person location not currently in place. Mon., 12:15 p.m., **via phone – seeking trusted servant volunteers for substitutions.**
- Therapist facilitated Well-Being Support Groups: Thursday noon, via Zoom
- Family Support Group: Twice monthly via Zoom
- Lawyers in Transition – New 6-session group will begin when there is sufficient interest.
- Discipline in Practice – Monthly via Zoom
- AD/HD Support Group – Twice monthly via Zoom
- MWL cosponsored Parenting Group – once monthly
- Solo/Small group – monthly via Zoom
- Retirement group – planning stages

<https://www overeaters.org/>

<https://www.caminnnesota.org/>

<https://saa-recovery.org>

<https://www.gamblersanonymous.org/ga/>

<https://www.al-anon-alateen-msp.org/>

<http://www.minnesotarecovery.info/OtherMN12StepGroups.htm>

<https://www.allinahealth.org/health-conditions-and-treatments/grief-resources>

<https://www.naminnnesota.org/>

<https://www.aaminneapolis.org/> – includes links to St. Paul and greater Minnesota sites
<https://allonehealth.com/allone-health-locations/sandcreekeap/>

7. Adjourn

Next Regular Meeting: May 15, 7:30 a.m.