

LAWYERS CONCERNED FOR LAWYERS  
BOARD MEETING AGENDA  
May 15, 2025, 7:30 a.m. – 9:00 a.m.

**Join Zoom Meeting**

<https://us02web.zoom.us/j/81998356740?pwd=TjbhH0lo7KdHciMTU5sWvuUsYGlhji.1>

**Meeting ID:** 819 9835 6740

If you are unable to join via Zoom: call +1 312 626 6799

**Items Requiring Board Action/Discussion:**

Approval of Minutes

Financial Statements for March and April

LCL Breakfast

Strategic planning

Charities Review Council

Succession update

Committee reports

New members

1. Approval of the March 20, 2025 regular meeting and April 24 special meeting minutes

2. Chair's Report

2.1 Succession

2.2 Strategic Planning

3. Treasurer's Report

3.1 Financial statements for March and April

4. Executive Director's Report

4.1 Activity Report

4.2 LCL Breakfast decisions – date, venue, planner

4.3 Well-Being Initiatives

4.4 New members

4.5 Budget process update

4.6 Charities Review Council

5. Committee & Task Force Reports

5.1 Nominations and Governance

5.2 Educations and Outreach

5.3 Cases

5.4 Events

6. Other Business and Upcoming Events

*Upcoming Events –*

- MN AG, [Mental Health with a Focus on Trauma in the Legal Profession and in the Practice of Law](#), 5/15
- MJF Summer Fellowship program, 5/16
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, law firm, 5/20

- Supporting Lawyer Well-Being: Managing the Pressures of a Rapidly Changing, High Stake Employment Law Landscape, MN CLE Employment Law Institute, 5/20
- Lawyers: Learn to "partner" with your Nervous System for reduced stress, greater resilience, and enhanced performance, LCL CLE, 5/20
- Thriving in the Practice of Law-Women, Wellness and the Future, Warren E Burger Inns of Court, 5/21
- Perfecting without Perfectionism: How to Strive for Excellence Without Stressing Out Over Unrealistic Ideals, 5/22, MSBA New Lawyers
- Mental Health and Substance Use in the Practice of Family Law-Suicide Prevention and Awareness, 5/22, MN CLE
- Surviving and Thriving, SMRLS In-service, 5/22
- Shielding the Carer: Understanding and Managing Secondary Trauma in the Legal Profession, 5/28, OAH
- Help for Colleagues in Crisis, 5/28, law firm
- [The Arc of Recovery and the Legal Profession](#), 5/28, MSBA, LCL, MDisBA, LCL Breakfast follow-up. Use ARCRecovery as promo code if not an MSBA member
- Help for Colleagues in Crisis, 5/29, Otter Tail County Bar, Fergus Falls
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, 5/30, 7<sup>th</sup> District Bar
- Secondary Trauma and Empathy Distress Fatigue in Legal Professionals, 5/30, AILA MNDAA
- Hennepin Bar Memorial, 5/30, 625 Building, Minneapolis
- Getting Your Bounce Back: Resiliency in the Face of Uncertainty, 6/3, OAH
- Mental Health and Substance Use in the Legal Profession and in the Practice of Law, 6/4, law firm
- Shielding the Carer: Understanding and Managing Secondary Trauma in the Legal Profession, 6/5, MCAA, Alexandria
- Shielding the Carer: Understanding and Managing Secondary Trauma in the Legal Profession, 6/6, HCBA
- Retirement on Trial, MSBA Senior Lawyers, LCL, 6/9
- Perfecting without Perfectionism: How to Strive for Excellence Without Stressing Out Over Unrealistic Ideals, 6/10, MN CLE webcast
- Perfecting without Perfectionism: How to Strive for Excellence Without Stressing Out Over Unrealistic Ideals, 6/11, law firm
- Understanding Stress, Trauma, Substance Use and Mental Illness in the Legal Profession. 6/12, SBAND, Bismarck
- LCL meeting with MN Supreme Court, 6/12
- Interrupting Bias While Surviving and Thriving in Challenging Times, 6/17, law firm
- Suicide Prevention, including QPR, with NAMI, 6/18
- Secondary trauma program, 6/18, law firm
- Mental Health & Substance Use in the Legal Profession and in the Practice of Law, 6/20, MSCJ
- Understand Stress, Trauma, Addiction and Bias in the Legal Profession, 6/30, MN CLE
- LCL Annual Meeting, June 23 or 27
- Perfecting Without Perfectionism: How to Strive for Excellence Without Stressing Out over Unrealistic Ideals, 7/23, law firm
- Mental Health and Substance Use in the Practice of Law, 7/25, MN CLE
- From Isolation to Connection, 7/28, MN CLE webcast
- MN CLE Solo Small Conference, Duluth, 8/4-5

***Groups – all are remote until further notice unless otherwise indicated – contact LCL for further details***

- Bar None AA Meetings: Tues & Thurs, 12:30 p.m., via Zoom – see LCL website – in-person location not currently in place. Mon., 12:15 p.m., **via phone** and in-person – **seeking trusted servant volunteers for substitutions.**
- Therapist facilitated Well-Being Support Groups: Thursday noon, via Zoom
- Family Support Group: Twice monthly via Zoom
- Lawyers in Transition – future uncertain
- Discipline in Practice – Monthly, hybrid
- AD/HD Support Group – Twice monthly via Zoom
- MWL cosponsored Parenting Group – once monthly
- Solo/Small group – monthly via Zoom
- Retirement group – planning stages

<https://www overeaters.org/>

<https://www.caminnnesota.org/>

<https://saa-recovery.org>

<https://www.gamblersanonymous.org/ga/>

<https://www.al-anon-alateen-msp.org/>

<http://www.minnesotarecovery.info/OtherMN12StepGroups.htm>

<https://www.allinahealth.org/health-conditions-and-treatments/grief-resources>

<https://www.naminnnesota.org/>

<https://www.aaminneapolis.org/> – includes links to St. Paul and greater Minnesota sites

<https://allonehealth.com/allone-health-locations/sandcreekeap/>

7. Adjourn

Next Regular Meeting: July 17, 7:30 a.m.