

## LAWYERS CONCERNED FOR LAWYERS

**Confidential Support for Legal Professionals** 

## **JUNE 2025 CLE OFFERINGS**

## Mental Health and Substance Use in the Practice of Law—Suicide Awareness and Prevention

Presenter: LCL and NAMI Thursday, June 12, 4:30 –6:30 p.m. via Zoom 2.0 Mental Health/Substance Use CLE Credits (applied for) Register for Webinar <u>here</u>

Stress is a predictor for depression, and untreated depression is the #1 predictor for suicide. Lawyers also have clients who may be suicidal. This program will help you understand the facts and myths about suicide; recognize signs and indicators for depression, anxiety, substance use disorders, and suicide; and provide resources and a protocol for offering and seeking help to prevent suicide. This protocol is **Question Persuade Refer (QPR)** suicide prevention training. Join LCL and NAMI to learn the three steps anyone can take to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. **Space is limited.** Please do not register if you are unable to attend the entire session.

## The Grieving Attorney: Navigating Grief with Competence and Compassion

Presenters: Sarah MacGillis Monday, June 30, 12:00—1:00 p.m. via Zoom 1.0 Ethics CLE Credit (applied for) Register for Webinar <u>here</u>

We are lawyers, but we are also human and subject to the range of experiences that we all face at some point in our lives. Grief is one such experience. We may experience multiple losses over the course of our professional careers including the loss of health, a job, a marriage, and of those for whom we care, among many others. This CLE discusses what and how we grieve together with the types of grief and the grief journey. The applicable ethical rules will be discussed including ways to ethically navigate our many responsibilities as attorneys while grieving. We discuss why lawyers' grief may be compounded by the nature of our professional work and the unremitting demands that often accompany it. Finally, we'll discuss various ways we can hold space for that which we are grieving to give meaning to our changed circumstances.

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all legal professionals. For more information, please call 651 -646-5590 or email <u>Joan Bibelhausen</u>. LCL does not charge for these programs; contributions are gratefully appreciated. <u>https://mnlcl.org/donate/.</u>

2550 University Ave W Suite 313N . St Paul, MN 55114 . 651-646-5590 . www.mnlcl.org . help@mnlcl.org