

Lawyers Concerned for Lawyers Outreach & Activity Report June 2025

At the end of another CLE reporting year, LCL offered and presented a number of CLE programs for various credit types (including, especially, the new Mental Health/Substance Use CLE credit requirement). LCL also engaged in a number of outreach efforts related to the retirement of Joan Bibelhausen after 20 years of service to the organization and the transition of leadership to Jon Tynjala as the newly appointed Executive Director. LCL traveled to Bismarck, ND, to present to the North Dakota State Bar Association.

1. Education & Outreach

- LCL CLEs and major presentations
 - *Getting Your Bounce Back: Resiliency in the Face of Uncertainty* (Office of Administrative Hearings)
 - *Shielding the Carer: Understanding and Managing Secondary Trauma in the Legal Professional* (MN Self-Help Specialists, MN County Cooperative, HCBA, Law Firm, Mn Assn of Justice Attorneys)
 - *Mental Health and Substance Use in the Legal profession and in the Practice of Law* (2 law firms, LCL in house with NAMI, MSCJ attorneys)
 - *Keeping It Real: The Trauma Informed Legal Professional* (MN Legal Aid)
 - *Perfecting without Perfectionism: How to Strive for Excellence Without Getting Stressed Out Over Unrealistic Ideals* (2 Law Firms, Minn.CLE, MSBA)
 - *Understanding Stress, Trauma, Substance Use and Mental Illness in the Legal Profession* (N. Dak Bar Association, Minn.CLE)
 - *Interrupting Bias While Surviving and Thriving in Challenging Times* (Law Firm)
 - *The Grieving Attorney: Navigating Loss with Competence and Compassion* (In-House LCL CLE)
- Law school outreach
 - Engaged with the student bar association at Michell-Hamline.
- Short presentations and PSAs
 - MWL: Disability in the Law
 - The Complete Public Lawyer
 - MSBA Annual Convention
- Networking and Connection Building
 - Affinity Bar meeting
 - HCBA/RCBA Monthly meeting
 - FBA Minority Judges Reception
 - CoLAP presentation meetings for Jon and Chase (2 separate presentations)
 - Monthly LAP Director meeting through CoLAP
 - MACJ Speaker Dinner

- Exhibit tables
 - The Complete Government Lawyer
 - The Law of the Great Outdoors
 - Probate and Trust Law Conference
 - MSCJ DWI Seminar
 - MSBA Convention
- Publications and social media
 - [Celebrating LCL - A Short History of Minnesota's Preeminent Lawyer Assistance Organization as it Looks to its Next Chapter](#) was published in the *Bench & Bar*.
 - LCL offered a variety of well-being tips on social media platforms as well as announcements of the retirement of Joan Bibelhausen and the hiring of Jon Tynjala (13 LinkedIn posts and 13 Facebook posts).
 - LCL published the blog post, [20 Years of Reflection](#).

2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including the ABA CoLAP Law School and Conference committees, HCBA/RCBA, MSBA, Affinity, and Well-Being committees.
- LCL is active in a national consortium on judicial well-being which will be issuing a new judicial survey and a national judicial well-being group.
- LCL has also been involved in the planning for the ABA/Patrick Krill follow up study on lawyer mental health.

3. Operations

- The search for LCL's next Executive Director concludes in the hiring of Jon Tynjala as the next Executive Director effective July 1.
- Joan Bibelhausen retired effective June 30.
- 100 people attended the retirement event for Joan at LCL's offices.

4. Client Activity

LCL helped 21 new clients in June. We assisted 5 people with substance use or compulsive behavior issues and 18 presented with mental health issues (including some overlap). General stress, career, and grief issues were the most common personal concerns. We assisted 5 men and 18 women. We helped 21 lawyers.

LCL's Family, ADHD, Solo Small, and Well-Being groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL's Discipline group met in a hybrid format. LCL also hosts a weekly open 12-step group. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.