

LAWYERS CONCERNED FOR LAWYERS

OUTREACH & ACTIVITY REPORT

JULY 2025

At the beginning of another CLE reporting year, LCL offered and presented a number of CLE programs for various credit types (including, especially, the new Mental Health/Substance Use CLE credit requirement). LCL also engaged in a number of outreach efforts related to the succession of Jon Tynjala as the new Executive Director of LCL.

1. Education & Outreach

- LCL CLEs and major presentations
 - *Shielding the Carer: Understanding and managing Secondary Trauma in the Legal Professional*. 10th Judicial District Public Defenders
 - *Mental Health and Substance Use in the Legal profession and in the Practice of Law*. MN CLE
 - *From Isolation to Connection: Supporting Mental Health in the legal Profession*. MNCLE
 - *Managing Ethics, Stress, and Trauma in the Legal Profession*. LCL in-house program.
 - *Perfecting without Perfectionism: How to Strive for Excellence Without Getting Stressed Out Over Unrealistic Ideals*. Presented to a Law Firm.
 - *Understanding Stress, Trauma, Substance Use and Mental Illness in the Legal Profession*. LCL in-house program.
 - *The Grieving Attorney: Navigating Grief with Competence and Compassion*. Washington County law Library.
- Law school outreach
 - LCL met with representatives from the law schools to prepare for the upcoming school year.
 - LCL presented for the St. Thomas Law School Judicial Externship class.
 - LCL presented for the St. Thomas Law School Wellness in Practice.
- Short presentations and PSAs
 - There were no PSAs in July as it is the beginning of the CLE reporting year and there were no institutes or conferences to attend.
- Networking and Connection Building
 - LCL met with a number of law firms and other legal organizations to plan for in-house CLEs for the upcoming fiscal year.
 - The Executive Director met with a number of new members of LCL.
 - LCL met with a substance use and mental health treatment provider.
 - The Executive Director met with a group of nurses that are considering the formation of an organization similar to LCL for nurses.
 - There were a number of CoLAP presentation meetings for Jon and Chase (4 separate meetings)
 - Jon attended the monthly LAP Director meeting through CoLAP.
- Exhibit tables
 - There were no tabling opportunities in July

- Publications and social media
 - LCL published the blog post Meet Jon Tynjala, LCL's New Executive Director.
 - LCL offered a variety of well-being tips on social media platforms, including announcements for LCLs in-house CLEs, strategies and tips for bar exam test takers, resources for how to navigate the 4th of July holiday, as well as news about the ABA/Krill survey.

2. Bar Associations and Professional Organizations

- LCL attended meetings of various bar committees including the ABA CoLAP Law School and Conference committees, HCBA/RCBA, MSBA, Affinity, and Well-Being committees.
- The ABA/Patrick Krill study on lawyer well being was circulated and completed in July and will wrap up in August, with a report to be published in the first half of 2026 (anticipated). LCL has been a part of the discussions about this study from the beginning.

3. Operations

- The search for a new Client Services Director to fill the position vacated by Jon Tynjala when he moved into the Executive Director role began in earnest. LCL received over 25 applications for the position, with a number of very qualified candidates. Interviews were held in July and into early August. It is expected that the position will be filled in August with a start date sometime in September.
- The focus for July for the new Executive Director, in light of the transition, was on meeting as many stakeholders as possible, including LCL Board members, members of the judiciary, and representatives of various organizations with which LCL has a long-standing relationship.
- The Board of LCL completed its third (of 3) strategic planning sessions. This will be a 3-year strategic plan. A final draft of the strategic plan that encompasses and incorporates the consensus from the discussions over the three planning sessions is in process.

4. Client Activity

LCL helped 30 new clients in July. We assisted 1 person with substance use or compulsive behavior issues and 29 presented with mental health issues (including some overlap). General stress, job/career, and grief issues were the most common personal concerns. We assisted 12 men and 18 women. We helped 22 lawyers, 1 judge, and 5 law students.

LCL's Family, ADHD, Solo Small, and Well-Being groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL's Discipline group met in a hybrid format. LCL also hosts a weekly open 12-step group on Monday. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.