

LAWYERS CONCERNED FOR LAWYERS

OUTREACH & ACTIVITY REPORT

MAY 2026

May was an extremely busy month for programs with 25 CLEs that reached 1,763 legal professionals. That is nearly double the highest number for any other month so far in FY 2025/26. LCL is projected to reach nearly 9,700 legal professionals this fiscal year. That level of outreach has translated into what is projected to be a nearly 20% increase in new clients for FY 25/26. LCL typically has around 400 new clients each year. At current utilization rates, that number should come in at around 480 for the year. That is a significant increase in new clients.

1. Education & Outreach

- LCL CLEs and major presentations:
 - *Ethically Enhancing Workplace Well-being with Self-compassion, Gratitude and Joy*: Schwegman, Lundberg and Woessner; SMRLS.
 - *Managing Stress Mindfully*: Larkin Hoffman.
 - *Help for Colleagues in Crisis*: Berkely Insurance Attorneys; LCL monthly in-house CLE.
 - *From Isolation to Connection*: SFMIC Legal Department.
 - *Trauma-Informed Lawyering as Bias Reduction*: Justice North Civil Legal Aid.
 - *Secondary Trauma in Legal Practice*: Immigration Law Center; MN Paralegal Association; Securian Financial; MN AG's Office.
 - *Breaking the Silence: Mental health and Substance Use in the Legal Profession*: MSBA Ag and Rural Law Sections; Dorsey & Whitney; Civil Litigation Specialists; National DUI Group; MIPLA.
 - *Perfecting Without Perfectionism*: US Bank; 7th and 8th district attorneys.
 - *Lawyers vs. the State of the Profession*: ABOTA.
 - *Career Transitions*, LCL in-house workshop.
 - *Better Boundaries, Better Lawyering*: LCL monthly in-house CLE.
- Law school outreach
 - Chase attended a Resilience program at Mitchell-Hamline Law School.
- Short presentations and PSAs
 - LCL had a PSA at the MSBA Solo/Small Summit.
 - LCL had a PSA at the MNCLE Business Law Institute.
- Networking and Connection Building
 - LCL continues to actively engage with the MSBA well-being committee.
 - LCL Staff attended the 1st District Bar Association Annual Meeting.
 - LCL Staff attended the MWL Annual Meeting.
- Exhibit tables
 - MSBA Solo/Small Summit.
 - Business Law Institute.
 - MN Paralegal Association Convention.
 - Employment Law Institute.

- Publications and social media
 - LCL published the blog post by Patty Devoy: Moments of Connection.
 - LCL posted about common mental health issues and well-being concerns in the practice of law on LinkedIn and Facebook.

2. Bar Associations and Professional Organizations

- LCL attended meetings of the MSBA, including the MSBA Professional Regulation Committee, and the MSBA Well-Being Committee.
- The Executive Director attended the monthly CoLAP Commission meeting and the monthly CoLAP director's meeting, among others.
- Chase continues to serve on the Alternative Pathways to Licensure Task Force.

3. Operations

- Staff is working to close out the fiscal year by preparing for the annual member meeting in June. Year end activities will take center stage in June.
- The Board met in May for the final meeting of the fiscal year. The Board approved a slate of officers and new directors for the upcoming fiscal year beginning in July. Directors are elected at the annual member meeting.

4. Client Activity

LCL helped 39 new clients in May. We assisted 4 with substance use/addiction issues. 35 presented primarily with other mental health issues (with some overlap). General stress, grief, job/career, anxiety, and depression were the most common personal concerns. Additionally, LCL continues to help more legal professionals with issues around neurodiverse conditions like ADHD and autism with, among other things, referrals to the ADHD Support Group. We assisted 14 men and 25 women. We helped 35 lawyers, 3 law students or recent law graduates, and 1 family member.

LCL's Family, ADHD, Solo/Small, and Well-Being groups met remotely, along with a parenting group we are facilitating for Minnesota Women Lawyers. LCL's Discipline and Practice group met in a hybrid format (i.e., with both an in-person and a virtual component). LCL also hosts a weekly open 12-step group on Monday by Zoom. We do not include the 12-step group attendance in our monthly group attendance reports as it is not an LCL "sponsored" group.